

THE
END
OF
WAR

Douglas S. Warren

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DEDICATION

**Specifically to my father, father-in-law, and my brother
and their fallen allies
who served so valiantly and suffered so greatly
in World War I, World War II,
and the Korean War respectively,
and generally to those who have
been devastated by all of the other wars
throughout history... with the hope for the end of war.**

THE END OF WAR

The Effort

Do you believe there will always be wars? If you consider what has been most evident in the past, you no doubt have answered, “Yes!”. Yet, there have been some bright spots in history that could give us hope.

I have been searching for these bright spots and examining the reasons for them for over fifty seven years. I am very happy to say that I have found answers which could well be the answers to eliminating war. If you would seek to understand them, and combine them into a clear picture in your mind you may agree with me. And, you may find, as I have, that they explicitly reveal how peace, prosperity, and true happiness can occur for people throughout the world.

These answers evolved from historical case studies while I was search for answers to political problems and researching and writing business, history and human development books. Some resulted from breakthroughs I experienced as a quality consultant and in my efforts to discover and teaching how the human mind works to make improvements. Others were found in experiencing war and analyzing pre and post war events. My promise to you is that as you proceed in your efforts to

comprehend the significance of what is written here you will discover that the end of war is quite feasible. And, though the road may be quite bumpy and seen to be very difficult, the trip could provide a beautiful and greatly enjoyable experience and immense satisfaction. In a real way it is simple because all things are organized and orderly. Once the order is seen the science is learned. The journey is made easier because of the happiness gained from pursuing such a most worthwhile task.

The mission of this book is not only to convey the understandings of the way to end war, but to get people like you excited enough about the possibility to help realize this end. It is to help people everywhere to get onto that road and to see them through the hardships they all must face in traveling it. Though a huge task that may seem impossible at times, every step taken has the possibility of being one of the most worthwhile and satisfying adventures of your life. The more you discover the possibility of the end of war the more compelling it becomes to pursue that possibility. The promise is that the happiness which you most certainly will gain will continue to increase.

The Power of One

Some in reading the solutions presented here may see them as too simple or too easy to be real. Others may see them as too complex and difficult. Some may question their participation as they would their vote and not believe in their power to make

any difference. However, all can see these solutions as a clear path to exercising their power as an individual and in doing so make a huge contribution to improving our freedom and ending the miseries of war.

The power of one is infinite. The promise of this book is that you will discover that fact as you involve yourself to this great effort to end.

The truth will eventually prevail and set all free. In truth all things are simple and easy. They are simple in that there is an order to all things. The order of something is the science of it. Though it may take many tears of concentrated study to discover the science of something, once so discovered we only need to look at it and have it explained to us to understand it.

Accomplishing and mastering things is easy because all we have to do to master anything is repeat the steps provided by the science to the degree of mastery we wish to achieve. And, because with each such effort we can find some end result we can be grateful for. When we do that our gratitude produces happiness. Thereby, we reward ourselves as the happiness we receive nourishes our hopes of being respected, joyful, love, and free which makes us brighter. There are few masteries that will provide the degree of happiness you will find in becoming a master of ending war as described herein. (For more information on how the human mind works to make

improvements see the Mind Over Time textbook on www.mindovertime.com)

The Urgency

Looking back throughout history we see that war has continually killed off millions upon millions of people, some estimate 160 to 200 Million. It has destroyed one civilization after another, delayed or eliminated much of the progress made throughout history, and prevented progress that would have otherwise occurred. No one has been exempt from the damages of war. We all have suffered and will continue to suffer from it until we end it. We all must make the commitment to bring that about if we can. As you increasingly understand the contents of this book you will be more and more assured not only that it is possible, but that we all can and should play major roles in making it happen.

In many parts of the world today we are producing tremendously powerful weapons that can wipe out great populations over night, and we have people who feel they will go to heaven if they can be the instruments in carrying out such destruction. We also have leaders who are anxious to supply those weapons to these fanatics, if they but claim their allegiance to them. Some leaders who are producing them have proclaimed they are going to use them against those they see as enemies, and they say if anyone tries to stop them from building these weapons they will go to war. So it is that the

threat of annihilating large groups of people is magnified. It is indeed threatening the very existence of all mankind. That understanding alone conveys the pure insanity of not pursuing the end of war.

This very real prospect should be enough to convince anyone that war is so destructive that it not only should be eliminated, but it must be now. No one can presently expect to survive the wars of the future that will certainly destroy civilizations throughout the world unless we end it. There will be no winners. All will be losers. Regardless of the ambitions or motives of those that pursue war to realize them, they will not only destroy their enemies, they will destroy themselves. The hatreds over past events, political agendas to gain more prestige and power over more people, property, and resources, ethnic and religious conflicts, philosophical differences and disputes, beliefs that foster doctrines of supremacy, the great historical obstacles to constructive communications between nations and people, and all of the other causes of war can be overcome by embracing the understandings that this book contains. Therefore, it calls out for worldwide conferences on this most common interest of human survival from self annihilation.

It might be helpful at this point to know that I have spent fifty seven years to this date trying to figure out how to end war. I had heard from people who suffered the devastation of WW II, and been told about my dad's horrible experiences in WW I. I had friends killed and injured in the Korean War. Then when I

was just seventeen on my way to joining that war and laying seasick on a hammock in the belly of a troop ship this quest began. While cursing the war that lay ahead, I committed to finding a way to end it.

So it was with that commitment in mind that I arrived at an Air Force base in Korea where I was to become a crew chief to the commanding officer of a fighter bomber squadron. It was the coldest day I had ever experienced.

It was there that that I had my first encounter with what I was much, much later to find was part of the solution to ending war. At the time recognizing it as such, was way over my head. Looking back now I can only think I have wasted a lot of time getting to the point of realizing it for what it was. Yet, on the other hand there is the thought that I needed all the many years of experiences it took to finally uncover it. So be it. Whatever it took I am very grateful to have the answer revealed to me now, and I am extremely blessed to have the internet as a way of letting people all over the world know about it. It is through the internet that we all now can present the ways to end war contained herein, to the people of the world.

There are a great many lessons that I had to learn which just perhaps if you learn from this reading you may not have to go through. With that thought in mind I will briefly tell you about what I had to go through to discover what I share with you now..

The Path to Discovery

No doubt you will not be surprised that when I was in the Korean War I decided that war could be ended by political means. My pilot was the commanding officer of our squadron, and his wife was a lobbyist in Washington DC for a major company that was dependent on government contracts. So I began my quest by taking correspondence college work in political science and history while still in Korea. The more I got into those studies the more support I gained for the belief in political solutions. So it was as soon as I returned from the war I immediately got real serious about finding and implementing political solutions. I first managed a US congressional campaign, then a regional campaign for a US Senator. Educationally I majored in Political Science and minored in history and then went on to law school.

As time and political events went on I decided that the position that I could use most effectively to end war was the president of the World Bank. I soon found that would require the help of a President of the United States. This led to supporting Richard Nixon in his efforts to become Vice President in 1956 and then President in 1969. During those years I held many positions in the Republican Party and worked on many political campaigns including my own to become a US Congressman. The result was that I worked myself into a fairly good position which I felt eventually could lead me to becoming the President of the World Bank.

However, the years of experience I had in politics eventually led me to the revelation that there was no way that politics was the answer to ending war. I was thirty three years old when Nixon was elected president. A press conference was called where I was to accept a sought after political appointment. In the waiting room of the hotel J. C. Penney was also waiting to give a press conference. He asked about what I was seeking to accomplish and I told him. His response was very decisive. He simply stated that the solution for ending war would not be a political solution, and that it would be found in a business solution if it were ever found. He then went on to convince me of this fact.

My response to his input was immediate. I turn down the prospective appointment at the press conference, and I begin my search for a business solution. In time relevant answers began to present themselves. As they did I followed the paths that they presented. Though I continued to be a political problem solver my main focus turned to finding business solutions. I became a Business Consultant, then a Quality Consultant, and then a Human Performance Consultant. Eventually these paths led to a major research and textbook (*Mind Over Time*) writing project on how the human mind work to produce improvements. This led to the creation of a new quality initiative called *Mind Over Time-Total Quality* which was followed by conducting related case studies, and writing supporting books and programs which include this book, *The End of War*.

The Discoveries

Now the understandings necessary to prevent the certain annihilations that war will bring exist herein. These understandings can be easily discovered and understood simply by its reading. However, the individual and organizational applications required to implement the changes these understanding prompt will require great effort. Yet, be of cheer. The understandings gained by this reading will assure you that all such efforts you make are quickly rewarded with ever increasing happiness that will nourish your eternal hopes of being respected, joyful, loved, wise, and free. You also will not find any obstacle in making this effort that is so great that you will not be able to overcome. Nor will you suffer any pain or inconvenience that will not be overcome by the happiness you will instantaneously receive with every step along the way. In fact, the efforts you make in realizing any other undertaking will not match the joy in your life that will be yours as you pursue the noble quest to end war.

Even terrorist who indiscriminately kill others may gain the understanding and enlightenment presented here and lay down their weapons of war and take up the cause by become involved in this great effort. They will find that there is a way to realize their finest thoughts that will displace their passion for war with compassion for people and a desire for peace.

The many leaders of countries throughout the world who have maintained the mind set that increasing their power depends on the number of their subjects and the amount of land mass and natural resources they control will change their mind set. They will see the destruction that this thinking is certain to bring. They will gain a clear perception of the devastation resulting from continuing along the path to the misconceived glory they seek at any price. They will no longer remain ignorant to basic breakthrough understandings of the nature of human beings and the basis for the relatively new advances made by peaceful means. They will find them explained and how to apply them in this small book. They will realize that by taking the path they are on they will eventually destroy themselves and their followers as they endeavor to annihilate their “enemies”.

They will be enlightened by positive events in the past and present and the wonderful new discoveries as to how the human mind works. Which if they are combined and projected into their future, can be seen to end war and conflict. They will see a peaceful path to the prosperity they seek for themselves and their nations, and they will show their people how to live in peace while living their most ideal lives.

We all must first seek in order to find. As we seek and then find the understandings of how to end war, we need to thoroughly examine and mentally digest them, and pass them along to others through whatever means possible. These understandings await this discovery and discernment by people everywhere.

We all need to those discoveries now. As we do each of us can find the answers and play an important role in making this happen. Time without these understandings is neither on our personal side nor on the aide of humanity, while time with these understandings becomes so. Right now time is of the essence. Each of us must assume the responsibility to seek and discover in order to save not only ourselves, but to save us all.

Those that would lead can play major roles in avoiding the great devastations that have plagued the world in the past and eliminate the massive destruction that surely awaits us if they do not provide that leadership. Now is in fact the time to prove our leaders in every field of endeavor. If they are to continue to lead they must demonstrate that they are the great servants of their people, and that they do not seek to have people serve them, but only to be of service. They must show they are willing and able to join with other leaders to further these understandings that end war. Thereby, they will accelerate the achievements of their people individually and collectively and further the overall happiness of those they seek to lead. In doing this they will have gained the greatest of joy in life and truly be revered as great leaders.

The Solutions

I followed two approaches to finding solutions to ending war. One was examining history and comparing positive historical events to the present in an effort to find answers to a peaceful

future. The other was examining the positive nature of human beings to discover natural pathways to their peaceful co-existence.

The Historical Solution

As I have studied and viewed what worked in the world to bring the greatest prosperity and human advances without war, a shining beacon stands out to me. What W. Edwards Deming had accomplishing in post World War II Japan with Total Quality Management (TQM) was way beyond anything else I could find.

Japan was a country with relatively insignificant land mass and very little natural resources far from the great market places of the world. It had suffered the destruction of two of its major cities by atomic bombs. The Japanese were hated by people throughout the world and were known for the poor quality of what they manufactured. Most of their male population was killed during the World War II, and they were occupied by a foreign power. They were devastated in every conceivable way. Yet, without firing a gun, gaining more land mass or resource, or controlling more people; in the fifty years that followed the war they became the second greatest economic power in the world. They accomplished this simply by the continual improve process of TQM which America had provided its defense manufacturers during the war. It was the same quality initiative I had experienced in my fighter bomber squadron in Korea. The

US Air Force was one of the few bright spots in continuing to employ TQM after World War II.

In reflecting back to the reasons for losing the war, Japan discovered a major factor was the Total Quality Management program originally initiated by W. Edwards Deming in US's defense industries. After the war America felt it was the center of the earth. The world was ravaged by the war both in Europe and Asia. America was the only shop in town. It had great new defense plants and advance technology that came from the war effort, highly productive and well trained women in the work force, and highly motivated men returning from the war with excellent technical training. America was in a state of euphoria and quantity, not quality, was the call of the day. More money could be made by making poor products that would require new parts or replacements.

When Japanese manufacturers thirty years later began to compete with America manufacturers, American leadership simply stuck the heads in the sand and refused to change. Rather than returning to Deming's uprooted quality initiative, they look to their congressmen to protect them with tariffs. Ten years later when politically and financially America needed Japan's support those tariffs came off and a vacuum was created that allowed Japan to first suck up America's electronic industry and then along with many others, our automotive industry.

Japan through its quality initiative, and without firing a shot, has created a society that had greater pre-capita income, greater longevity of life and a much lower crime and divorce rates. They experienced very little drug abuse, where as America is the greatest drug consuming country in the world. Though America has made great medical advancements because of its free enterprise medical industry it has a very unhealthy population compared to Japan's.

Japan's now over fifty years example provides us with a blueprint of an economic system for ending war. It is a system that casts aside the old formula of conquest used for thousands of years. Those that would lead no longer should feel that building a strong nation requires conquering more people, enslaving them, and keeping the ignorant or acquiring more land and resources in war.

Because of Japan's example the way to building strong nations can be clearly seen as simply employing a system that provides people with the opportunity to continually improve themselves and all that their lives touch. As this occurs, not only does the quality of every aspect of their country improve, but every aspect of their lives. As this is understood by people throughout the world they will see that greatest leaders are not those that seek more control of people and those who would lead their people into wars of conquest, but they are those that create the greatest environment for people to improve. Therefore, those that seek leadership positions will be required to have a clear

record of doing so. If they do not so perform, those they lead will quickly find their replacements.

The Human Nature Solution

While working as a quality consultant for over 47 years I have made a continuing effort to discover how the human mind works to produce improvements. Fifteen years ago I committed to primarily focus my attention on this subject. I had earlier enlisted the support of exceptional talented researchers who continued to provide me with essential information throughout this research. It was a very long, hard, and costly journey. It was a journey with many moments of frustration that every once in a while produced small breakthroughs. There were times when the pressures to set it aside or give up were overwhelming. Fortunately however, the commitment to this quest eventually won out.

Our initial research focused on the capacity of the human mind. We discovered that answer in a relatively short period of time which greatly encourage us. We found that the mind was composed of billions of brain cells, and that if we knew how to use them correctly, it would only take a few thousand to recall all of the information in a college library. Furthermore, we found that genetically people throughout the world had just about that same mental capacity. In other words we all have infinite ability to improve. That led to the obvious next two steps: (1) Discovering what were the things that are preventing

us from using this capacity, and (2) How do we overcome these obstacles.

The first thing we discovered in this effort was that most people were suffering from unhealthy and unremitting stress. During the day the average person's brain frequencies were 45 to 65 cycles per second. We found that this state of mind kills off brain cells and greatly restricts us from using our mind power. We wake up at 10 to 12 cycles/sec and should optimally be operating through the day at 15 to 18 cycles/sec. At these lower frequencies we are healing brain cells and creating new connections or synapses. So the question then was how we can operate throughout the day while maintaining this ideal mental condition.

It was not long after we gained this understanding that we concluded that all things can always be improved. We recognized that there is no ceiling on what we could learn about anything. What that meant is everyone has the opportunity as well as the capacity to improve all things all of the time. This was followed by the realization that all people have the same eternal hopes of being respected, joyful, loved, wise, and free, and that when we make any improvement and are grateful for the end results we gain a happiness that nourishes these hopes. We went on to find that as this occurs, our brain frequencies are lowered. So we had found the answer to one of the greatest obstacles to effectively using our mental capability.

The more we improve anything and are grateful for the end-results, the lower our infinite mental frequencies. Thus, the freer we are to employ our great mental ability. Yet, we found by simply knowing this does not mean we accept it. There are other obstacles that keep us from doing so.

Overcoming those obstacles was greatly assisted as we discover and define the seven basic qualities that we all are born with that are essential to making improvements that increase our mind power:

- 1. The ability to choose for ourselves.**
- 2. The natural disposition to do good.**
- 3. The ability to conceive our finest thoughts.**
- 4. The capability to convert our finest thoughts to reality.**
- 5. The ability to conceive all of the opportunities for improvement necessary to make our finest thoughts reality.**
- 6. The ability motivate ourselves to make reality out of all of the opportunities for improvement that relate to our finest thoughts.**
- 7. The ability to gain as much happiness as we wish, whenever we wish, simply by improving whatever we wish. whenever we wish.**

So in other words, it is an even playing field. All of us can improve all things and in the process increase our happiness as we like and by doing so increase our mind power. In fact, if we do not allow that to happen we lose the freedom to control our minds while we forfeit all of our other freedoms as well. In reality we all have only one freedom. That is to control our own mind. It is only by exercising this freedom that all of the other things we may feel provide us freedom come about.

*Note: Understanding the magnitude of our intellect and how to increase our capacity to improve is initially explained **Awakening**, a short uplifting book on finding happiness while increasing the number and value of your improvements, and in **the Mind Over Time**, the textbook on how the human mind works to make improvements and realize your finest thoughts, which are available on line at www.mindovertime.com.*

We each have the innate ability to distinguish right from wrong as the great philosopher, John Locke discovered and wrote nearly 400 years ago. This is essential to deciding what to do with our lives. If you are infinitely capable, do you wish to do something poor, good, excellent, or great? Having ask that question to hundreds of people in the light of that understanding I have without exception receive the answer of “Great!” I have concluded from this, that everyone inherently has the desire to do whatever they can to conceive of that they consider great, once they understand that they have the capacity to do so. But, in order to do what is great, they first have to

conceive their finest thoughts. Greatness must be visualized before it can be realized.

Our finest thoughts provide the visions of what is greatest to us. Once our finest thoughts are conceived, and we commit to making them reality, we are well on our way to doing many great and wonderful things.

Even if it is something that has never been created or accomplished before, we need not be discouraged. Our simple commitment is enough. Our mind works by on and off switches. When you don't turn it on it stays off. When you commit to something it stays committed or on until you turn it off. Once the human mind is committed to anything worthwhile it not only will work relentlessly to making it reality, but all of nature will assist in bringing it to pass.

We are constantly receiving trillions of information bits ever second. When we commit to realizing any of our finest thoughts, we begin to attract and receive information related to making those thoughts reality. As we receive this information, we subconsciously compare it to our underlying vision and decide what of this information is relevant to who we think we are and what we think we are suppose to achieve with our life.

This way the mind goes on to produce what we think are opportunities for making our underlying vision reality. The problem we have is that our underlying vision has come about

by happenstance and circumstance, mainly from what we thought people thought of us. As a result we generally have poor underlying visions which we are making reality all day long. However, we can change this poor underlying vision to an ideal underlying vision simply by conceiving our finest thoughts and committing to make them reality. As we do this we displace in our mind what ever is contrary to those fine thoughts.

Because those thoughts may be contrary to our underlying vision at the time we conceive them we may well not believe them. Yet, whether we believe them or not it will make no difference. Once conceived and committed to, the human mind and all of nature work relentlessly to make them reality.

Belief does come eventually as we root out the causes for our disbelief. So there is no need to concern ourselves about that. We only need to pay attention to the opportunities for improvement our mind and providence is conceiving for us and take positive action to make them reality.

Combining the Two Solutions into One

We are all able, if we will, to combine the two solutions in our minds-eye and see clearly our way to the end of war. Thereby, the solution to ending war becomes obvious to us. Because the consequences are so great if we don't, and the benefits are so great if we do, we all must do our part.

It will be helpful in your efforts to create that vision to keep in mind that your mind will most likely tell you that the end of war is impossible. It is easy to think war is inevitable in that it has always been. Yet, when you consider the unprecedented consequences of the use of the weapons of mass destruction now being proliferated and the present mindset of those who would welcomingly die to employ them, it is not hard to consider that this state of affairs could at last provoke an answer before it is too late. There is always a new level of awareness. We can always find a new and better way to improve everything.

At first you may consider this impossible. In time you may consider it worth pursuing. As you pursue it you will find it at least a possibility. When you secure support for it from others you will see that it is indeed possible.

Because we all can clearly see that we were born to be free in that we instinctively know right from wrong as John Locke wrote in his 1690 *An Essay Concerning Human Understanding*, that it doesn't make sense for us to be ruled by supremacists as Thomas Paine once wrote in his 1776 *Common Sense* to justify the American Revolution, that there are certain principles that we can all employ to become personally successful as written in Napoleon Hill's *Think and Grow Rich* (1939), that all our organizations can flourish by adopting the quality initiatives inherent in Total Quality Management developed in the 1940's by W. Edwards Deming, and that by understanding the contents

of Mind Over Time first published in 2002, and now available to you on www.mindovertime.com, each of us can become committed to participating in the process of ending war.

If that commitment means we have to free ourselves from those who would rule over us, we are well to follow Mahatma Gandhi and Martin Luther King in their peace protests that gave their people freedom. But better yet, we should never allow our minds to be controlled by others. Preventing war has everything to do with maintaining the control of our own minds. Once we allow others to control us we are on the path to civil war. No matter how inviting the incentives we receive for allowing other to control us, the lives that are then lost to gain our freedom are so great that we can never justify the acceptance of those incentives and allow supremacists to rule our lives.

The Consideration

With what you have just read and have clearly in mind, consider the impact if all the people on earth clearly understood how the organizational and personal breakthroughs just presented can be combined to end war. Japan's employment of W. Edwards Deming's Total Quality Management without a doubt has proven that in order for people to prosper they need not subjugate others to expand their territory, or gain their resources. That only perpetuates war and the miseries that come with it. The discovery of Mind Over Time has clearly shown

that the happiness we all seek and the eternal hopes of being respected, joyful, loved, wise, and free we all desire depends solely on our personal efforts to improve all things, and that there is an even playing field in that we can all improve on everything all the time. So it is with these two breakthrough solutions in mind we can all undoubtedly comprehend that there is no need to harm anyone. In that regard what goes around comes around, and none of us in clear conscious want to start that ball rolling.

When we do have these two understandings clearly in mind we all can become personally commit to improving the lives of every person our life touches and to never cause anyone's conditions to worsen as a result of anything we do. In this regard all the good we do comes back to us in the form of living a better life. Keeping *that* ball rolling is everyone's responsibility.

The understanding of *Mind Over Time* includes the understanding that making improvements in our mastery is both simple and easy. Mastering anything requires that we master the science involved as well as the art. It is simple because when you understand *Mind Over Time* you know that everything is organized and orderly and that the order of things is the science. And, as we simply look at anything and have its order explained we can quickly comprehend its science. On the other hand mastering the art of anything requires spaced repetition which provides continual improvement. Once we

stop improving we regress. This can be perceived as difficult. Yet, with the understanding of *Mind Over Time* it is seen as easy because it is an effort to improve. When we are grateful such opportunities, we gain happiness that nourishes our eternal hopes which increases our faith thereby displacing our fears. In doing so we lower our brain frequencies and our mind power improves. We know that no matter how painful it may be to make any improvement or how lethargic we are, that the happiness we stand to gain will overcome the pain and any slothfulness we may experience. Furthermore, we know that simply by conceiving our finest thoughts and committing to make them reality the infinite capabilities of our minds will continually work to support all related improvements. We will also be assured that nature is such that it will support us in all of our efforts to realize our finest thoughts as it attracts the components we require. We will also become more and more sensitive to the opportunities for improvement we are receiving, and happiness we are gaining by acting on them in a positive way.

In that these two solutions can quickly be found to support any efforts we make to prosper and enjoy life as a people or individually, we can always be of good cheer towards developing, maintaining and enhancing all our relationships with each other. Over time, war will then fade away in to some distant memory of when we were ignorant and foolish to think it could profit anyone.

For now just consider the wonderful future that awaits all of us. As you do you will certainly feel the increases in your strength and vitality. This you will need to maintain your significant part of this essential cause.

Obstacles to the Solution

Understanding the information in the *Mind Over Time*, is to comprehend that nothing in nature is without opposition. Making an end to war is no exception. Yet, understanding the workings of *Mind Over Time* also allows us to know that without this resistance we as a people can not soar anymore than a kite will fly without the resistance of the wind. So it is that we can take joy in the knowledge that as we face whatever resistance that confronts us in our efforts to end war and violence. We will see that we are seizing the happiness that awaits us as we overcome it.

When I first arrived at college I wrote a poem, “Whether you be lost in the bewilderment of earth or in the darkness to a birth, but more likely a narrow mind, you can be freed if the resourceful kind.” Once in awhile I consider that poem and think of it more and more as prophetic. Narrow minds will be the greatest obstacles to understanding the solutions presented here as well as carrying them out.

In this respect those presently in power or have conceded to the inevitable destruction of earth may be found to present our

greatest obstacles. Power can be addictive and those that have it often try to protect their positions. Getting them to understand the gravity of such mind sets, and on the other hand the great benefits to their legacy if they help in this cause will be the key to overcoming their resistance and gaining their cooperation. Every effort needs to be made to accomplish this. Though this may well take considerable time, the happiness gained by those that make this effort will be a huge reward. They will be greatly exalted and the respect for them will be never ending.

Understanding *Mind Over Time* is to know that true accomplishments, those that are eternally worthwhile, require that empathy is the motivation they must have for making them. Accomplishments achieved to gain prestige, power, and monetary gain or like incentives, or vent anger or fear or simply experiences personal pleasure will not be of eternal worth no matter what they produce in the way of accomplishments. Empathy remains the only motivation that is of eternal value. As leaders, no matter what their perceptions are now, receive this enlightenment they will support these solutions. We all naturally wish to participate in our survival, and as they gain a vision of what the future can be by employing these solutions true leaders will step forward.

Implementing the Solution

Each of us as we gain the understanding of these solutions must speak out, educate, and extol them to others. We all must

become catalysts for ending war. When we truly understand what these solutions provide we actually become personally compelled to make others aware of them. In this process we elevate our thinking and thereby elevate who we are and find new meanings to the purpose of life.

Happiness will no longer escape us. We know that it is dependent upon ourselves alone. And, we seek it in improving all we do and all we touch with our life. We require that our business, civic, and government leaders understand these solutions to ending war and that they act positively in implementing them in all they do. We know that we and those leaders by our examples and testimonies must demonstrate that the way we live our lives is living proof of the reality of these solutions.

Our Finest Thoughts and Our Destiny

When Napoleon Hill wrote his book *Think and Grow Rich* it changed our world. It gave us the understanding that we are not stuck in being who we are at any given time in our life. He gave us the understanding that could free us from the belief that the supremacist have forced on us for thousands of years, which is that we should be kept ignorant and think they are superior and that we are dependent upon them.

William James after analyzing the achievements of the 1800's stated that the greatest achievement of those 100 years was that

people could change themselves by changing their habits of thought. After hearing this Andrew Carnegie owner of US Steel and noted as the wealthiest man in the world wanted to know what habits of thought produced the greatest success. So he employed Napoleon Hill to interview the 500 most successful people of their time to find out what habits of thought enabled them to become successful. Hill then found out by interviewing those 500 people that principles existed that we could all master which would free us from the dependency on others or our conditions for our success in life.

Long before this John Locke's *An Essay Concerning Human Understanding* gave us the understanding that we do know right from wrong. Today to be found insane in a court of law is to prove you do not know the difference between right and wrong. Then Thomas Paine supported the call for freedom by giving us the perspective that it is only *Common Sense* to be free from supremacists, and Napoleon Hill assured us that we could *Think and Grow Rich* simply by mastering the principles involved. W Edwards Deming followed by proving to us that by understanding the organizational initiatives found in Total Quality Management countries need not conquer others to become economically, politically, or sociologically great. And, now we have discovered that all of us can individually understand the workings of *Mind Over Time* and thereby know how realize our finest thoughts, what we would personally consider great.

Therefore, we can and should become dependent upon ourselves and not allow supremacists to rule over us. We now can and we will see are way through to finding and realizing our finest thoughts and discovering the wonderful destiny that awaits each of us while we end war. Our personal and collective freedom and the success that the end of war will bring as well as the process for ending it are in our hands.

Our Commitment

Essential to doing this is for to each of us to make a personal commitment to ending war. To participate in this effort simply increase your understanding of the solutions presented here and encouraging others by what ever means possible (such as facebook and other such network contact programs) to read this book which is available free for all to read on www.mindovertime.com.

The importance is clear with regard to the economic, political, and sociological achievements of the Japanese' initiative in Total Quality Management has accomplished without firing a shot. As to increasing your understanding on how your mind works to realizing your finest thoughts and accelerating the number and value of your improvements while elevating your happiness go to www.mindovertime.com. There you will find *Awakening, a very uplifting, very short, and very easy to read book*. By reading that book you will discover your personal ability to realize your finest thoughts. Whereby, you will find yourself in a new and wonderful world where your finest

thoughts can become reality. There you will also find the *Mind Over Time, the text book on how your mind works to realize your finest thoughts*. Go to www.mindovertime.com and discover and carefully read this book. However, before you do this I recommend you first read *Awakening*. Doing so will assure you of gaining the essential understandings of what you need to know to increase your happiness and thereby nourish your eternal hopes of being respected, joyful, loved, wise, and free.

A free audio version of *The End Of War* will be available on this website which can be downloaded along with this free written version. An audio version along with this written version of *Awakening* will also soon be available on this website for you to download. In gaining the understanding you will receive in this reading or listening, and by communicating invitations to all those you can reach in any way possible you will become a champion in the truly great cause of bringing about *The End War*.

Effective Participation

The solutions presented here are logical, and they are not complicated. Yet, as in all things we can rationalize our way out of being a participant. However, this is not just about you, or even your generation, or the people like you that are living today. It is about future generations, those that are not yet born. They are the inheritance of our decisions and our initiative.

Charles Dickens expressed that we are either the victims of our lives or the heroes of our lives. We become one or the other by the decisions we make and the initiative we take.

Are we to act or be acted upon? This is the question we all have to answer with our words and deeds. If we do not act positively to end war, we are surly to be negatively acted upon by it. We can not escape answering this question and receiving the results of our answer. Most often when we fail to act, it is like William Shakespeare expressed that doubt is the traitor that has us lose what we would often win by failing the attempt. By not making any improvement that occurs to us we immediately loose the happiness we would otherwise have gained by acting on it. I personally can not think of any improvement that can be made that is more important than ending war.

There are few things as certain to be classified as improvements, or that would allow more people to enjoy greater happiness in our time or in future times than those things we can do to help end war. -

The Order of Participation

Participation has a natural order. These are the steps:

1. Encourage everyone you know to consider the solutions presented here.

Call, write, e mail, text, and tell them in any way you can think of to go to

www.mindovertime.com and read *The End of War*.

2. Read the *Mind Over Time* textbook available on this website.
3. Begin to conceive and commit to realizing your finest thoughts.
4. Relying on happiness to motivate yourself to realize your finest thoughts as described in *Mind Over Time*.
5. Encourage leaders to employ Mind Over Time –Total Quality Initiative (MOT-TQI) in the operations of their organizations as found in the *Mind Over Time* textbook.

Note: I am now committed to writing a short step by step guide book for implementing this quality initiative. Look for it on this website and prompt leaders of organizations to read and to employ these steps.

Awakening

As you read or listen to *Awakening* you will discover your tremendous mind power and how you are structured to increase your happiness in conceiving and motivating yourself to realize your finest thoughts. You will find it on www.mindovertime.com.

I encourage you to read or listen to this book carefully and consider well its understandings. Once you have done so you will truly be awakened to a new and much better you. It will have expanded the concept that you have of yourself to a new dimension from which it will not return.

Mind Over Time

By reading and pondering *Mind Over Time*, the textbook on how your mind works to increase the number and value of your improvements, you will discover ways and means to realizing your finest thoughts while increase your level of happiness. This is a major improve your life and your world book. Read the endorsement on the back page by Bob Thyle the former CEO of Covey leadership. It will describe the impact this book is destined to have on you and the world.

Other: Important Readings

I also encourage those who would read novels to read *Winds of Freedom* a historical romantic novel which will help to get them interested in participating in this effort. This is presently being written into a musical stage as well as movie production. The highly uplifting music for this production will be available on this same website for your listening pleasure.

As well I urge all those interested in discovering the untold stories of what led to the freedom enjoyed by America to read

first book of *Roots of the Constitution*. This is a brief history in short story form about how we became as we are. Two other editions of this history will soon follow. They will cover related stories of England's and Northern Europe's involvement in providing America's freedom.

Both of these books as well as other related books and audio programs can be found on www.mindovertime.com. Each of these will add a greater dimension to your understanding that will assist you in your efforts to support the end of war.

Other: Important Listening

There are presently two audio spaced repetition programs available on www.mindovertime.com.

The **Management and Executive Development** audio program is designed to enable you to turn the principals discovered from hundreds of interviews with successful executives into automatic action.

The **Principles of Personal Achievement** audio program is designed to enable you to turn the principles of human achievement found through extensive research into automatic action

Act Now and Discover Your Infinite Capability

Never underestimate the power of one. Once the human mind is committed to accomplishing something worthwhile there is no force on earth that will prevent it. People recognize that which is worthwhile and will support the efforts of one who has conceived and committed to making it reality.

There are few things in life more worthwhile than ending war. As people secure and read *The End Of War* they will support this effort. And, when the numbers of people that understand and support this effort are sufficient we will end war. Your support is essential in adding to that number as quickly as possible by what ever means you can employ.

Do not underestimate yourself and your power. Your power of one could be the key to securing the support of endless numbers of people. You do not have to be famous or recognized as an authority. Any one of those you contact to send to www.mindovertime.com, so they can secure a free audio or printed copy of *The End Of War*, might develop a route to a leader who will take this challenge and free millions.

The future of the entire country of Japan was changed by one person, W. Edwards Deming. You and every person you send to www.mindovertime.com can significantly gain greater happiness while making a truly significant contribution to ending war. All you and they need to do is simply inform as

many people as you can in any way you can to go to www.mindovertime.com and receive a free printed or audio copy of *The End Of War*.

In this process you will find that you as the power of one can improve the world as you wish. By conceiving and committing yourself to worthwhile accomplishments and you will find that all thing will support your efforts to make those finest thoughts reality. You will also discover that your hopes of being respected, joyful, loved, wise, and free will be nourished by all that you do to make those finest thoughts reality. And thereby, you will become brighter and confident in your decisions. So it is and so it will be. You will eventually discover your infinite capabilities and the means to achieve your finest thoughts as you help to realize this very fine thought to end war.

Ignorance is the foundation for war while wisdom is the foundation for freedom. When we become wise in the ways to end war we will end it. Gaining and teaching that wisdom is the responsibility of all. No one can end war alone that requires the participation of all of us. The sooner that happens the fewer the victims of war and the greater our human progress.